

Milkshake Today

www.milkshakebar.eu

milkshake-bar

milkshake_slupsk

No 02 - May 2020

Coffee

Espresso 35ml 7 PLN

Double espresso 70 ml 10 PLN

Choose your coffee size: 200/300/400 ml

Americano 8/11/14 PLN

Flat white 8/11/14 PLN

Cappuccino 10/13/16 PLN

Latte 10/13/16 PLN

Soya latte 11/15/17 PLN

Love latte (rose latte) 300ml 18 PLN

Caramel latte (with caramel paste, brown sugar and whipped cream) 300ml 18 PLN

Cinnamon latte (with cinnamon paste, spice cookies and whipped cream) 300ml 18 PLN

Iced coffee 300ml 15 PLN

Mocha 300ml 16 PLN

Hot chocolate with whipped cream 300ml 15 PLN

You can add:

Espresso 3 PLN

Whipped cream 2 PLN

Honey 2 PLN

Paste (rose, caramel, cinnamon) 4 PLN

All coffees on request on the basis of soy milk, half-fat milk, lactose free milk and decaff coffee



Caramel latte

Tea ☕

Green 12 PLN

Strawberry & Mango 12 PLN

Earl Grey 12 PLN

Assam 12 PLN

Herb tea 14 PLN

black tea with honey, fresh ginger, lemon, lime, orange, cloves and raspberries

Homemade iced tea

500 ml 16 PLN



Homemade iced tea

Soft drinks

Lemonade 400ml / 1000ml

Citrus lemonade 9/20 PLN

Grapefruit lemonade 11/22 PLN

Watermelon lemonade 11/22 PLN

Cucumber lemonade 11/22 PLN

Ananas lemonade 11/22 PLN

Pear lemonade 11/22 PLN

Raspberry hot lemonade 12/24 PLN

Mineral water

330ml 5 PLN

Pepsi 330ml 5 PLN

Pepsi max 330ml 5 PLN

Fresh Juices

400 ml 17 PLN

Orange

Grapefruit

Apple

Apple - pear

Carrot - apple - orange

Beetroot - apple - orange - celery

Orange - grapefruit - lime - lemon

Apple - celery - kiwi

Apple - grapefruit

Beer

Corona 330ml 8 PLN

Ipa 500ml 13 PLN

Bud 330ml 8 PLN

Cubanito 330ml 8 PLN

Wine (JP Chenet)

175ml 14 PLN

White (dry) Colombard-Sauvignon

Red (dry) Cabernet Syrah

we do not sell alcohol to minors (18) alcohol only for adults

Shakes

300 ML

Classic

Vanilla 12 PLN
Chocolate 12 PLN
Straciatella 12 PLN
Coffee 14 PLN
Peanut butter 14 PLN

Fruit

Banana 14 PLN
Blueberry 14 PLN
Raspberry 14 PLN
Mango 14 PLN
Strawberry 14 PLN

Sweet Tooth

Bounty 15 PLN
Halvah 15 PLN
Toffee spread 15 PLN
Daim 15 PLN
Milky Way 15 PLN
Oreo 15 PLN
Knoppers bar 15 PLN
Snickers bar 15 PLN



Superstar shakes

Served with a mini waffle

Yo-cookie 27 PLN

Shake on frozen yoghurt with fresh seasonal fruits, cookie spread, strawberry mouse and whipped cream

Diver 27 PLN

Shake with raspberries, kinder bueno spread, chocolate sauce, whipped cream and kinder bueno sticks

Country man 27 PLN

Shake with kinder country, granola, with ice cream and frozen yoghurt, chocolate sauce and whipped cream

Karmelola 27 PLN

Shake with milka caramel, salty caramel, pretzels, nutella, whipped cream, popcorn and toffee sauce

Cheesecake 27 PLN

Strawberry shake with Philadelphia, ice cream, cookie spread, whipped cream and strawberry mousse



Weather for the rich

Kinder Bueno 16 PLN

M&M's chocolate/peanut 16 PLN

Ritter Sport (white chocolate & hazelnuts) 16 PLN

Nutella 16 PLN

Raffaello 16 PLN

Skittles fruit/sour 16 PLN

Ritter Sport (mint with milk chocolate) 16 PLN

Maltesers 16 PLN

Toblerone 16 PLN

Ferrero Rocher 16 PLN (*ask for availability)

Best mixes

Banana + raspberries 18 PLN

Mango + strawberries 18 PLN

Pear + raspberries 18 PLN

Kinder Bueno + raspberries 20 PLN

Oreo + peanut butter 20 PLN

Coffee + salty caramel 20 PLN

Kiwi + mango 18 PLN

Raspberries + white chocolate 18 PLN

Banana + chocolate 15 PLN

Snickers + strawberries 20 PLN

Avocado + dark chocolate + chilli 20 PLN ☺

Add-ons

Extra fruit 4 PLN

Extra sweets / sweet tooth 5 PLN

Extra sweets / weather for the rich and peanut butter 7 PLN

Other add-ons

Dark and white chocolate 4 PLN

Espresso 5 PLN

Maple syrup, Kinder Bueno spread, Raffaello spread, cookie spread 5 PLN

Toppings

Whipped cream, chocolate sauce, toffi sauce, fresh mint, strawberry mouse, pretzels, biscuits 1,5 PLN

M&M's 3 PLN

Vip only

Forrest walk 23 PLN

Shake with blueberries, raspberries, blackcurrant, whipped cream and homemade blackcurrant coulis

Surprise 24 PLN

Shake with schoko bons, chocolate sauce, whipped cream and kinder surprise

Pinacolada 23 PLN

Shake with rafaello, pineapple, whipped cream and strawberry mouse

Monkey shake 23 PLN

Shake with banana, peanut butter, whipped cream and toffee sauce

Cookie monster 23 PLN

Shake with oreo cookies, whipped cream, chocolate sauce and chocolate m&m's on top

Gonzo 23 PLN

Shake with espresso, daim, salty caramel, chocolate sauce and whipped cream

Mojito 23 PLN

Shake with lime, fresh mint, whipped cream and cane syrup

Korba 23 PLN

Strawberry shake with toffee spreads, biscuits, whipped cream and toffee sauce

Chocolate Factory 25 PLN

Ferrero Rochere shake with chocolate sauce, whipped cream and chopped peanuts

*ask staff for availability

Orzechacha 25 PLN

Peanut M&m's shake with peanut butter, chocolate sauce, whipped cream and chopped peanuts



Forrest walk & Cookie monster

Protein Shakes

Blueberry muffin 18 PLN

Coconut milk, blueberries, vanilla whey protein, maple syrup, Philadelphia cream cheese, vanilla extract

Salty caramel 18 PLN

Semi skimmed milk, vanilla whey protein, cashew nuts, dates, himalayan pink salt

Strawberry love 18 PLN

Semi skimmed milk, strawberries, vanilla whey protein, honey, coconut oil

Monkey shake 18 PLN

Semi skimmed milk, vanilla whey protein, banana, peanut butter, cocoa

Aloha - Super Smoothies

not available for take away

Big Island 28 PLN

Papaya, mango, pineapple, grenade

Waikiki 28 PLN

Melon, pineapple, banana, apple

Oahu 28 PLN

Kiwi, banana, pear, apple

Maui 28 PLN

Avocado, spinach, coconut milk, lime juice, banana, apple



Waikiki



Maui

Smoothies 400 ML

Detox 16 PLN

Kale, grapefruit, apple, maple syrup

Zielony 16 PLN

Spinach, kiwi, orange, pear

Yellow submarine 16 PLN

Banana, apple, pineapple, mango

Red spider 16 PLN

Redcurrant, strawberries, raspberries, banana

Yellow-green 17 PLN

Pineapple, banana, apple, mango, spinach, lime juice

American pancakes

PRICE - 3/5 PIECES

Maple syrup 16/20 PLN

Fresh fruits, strawberry mousse and ice cream 19/23 PLN

Banana, toffee spread and ice cream 17/21 PLN

Nutella, fresh strawberries and ice cream 20/24 PLN

Kinder bueno spread, fresh raspberries and ice cream 20/24 PLN

Rafaello spread, fresh strawberries and ice cream 20/24 PLN

Crunchy rice and white chocolate spread with raspberry coulis 20/24 PLN



Pancakes/Rafaello spread, fresh strawberries and ice cream

American waffles

With icing sugar 8 PLN

With maple syrup, pecan nuts and ice cream 20 PLN

With nutella and seasonal fresh fruits 19 PLN

With whipped cream and seasonal fresh fruits 19 PLN

With toffee spread and banana 17 PLN

Mexican churros / 6 pcs.

perfect for start

With chocolate sauce and strawberries 15 PLN

With salty caramel and pretzels 15 PLN



American waffles/With whipped cream and seasonal fresh fruits

Italian soft ice cream

Small/Large 5/8 PLN

With mousse/With sauce 7/10 PLN

Ice cream deserts

Fruity alley 16/24 PLN

Ice cream, seasonal fruits, strawberry mousse, whipped cream

Sinful strawberry 19 PLN

Ice cream, meringue, fresh strawberries, strawberry mousse, whipped cream

Date Meringue 19 PLN ☺

Ice cream, meringue, pecan nuts, dates, chocolate sauce, whipped cream



Fit & Crunchy

Frozen Yoghurt 500 ML

Fit 18 PLN

Frozen yoghurt, seasonal fresh fruits, strawberry mousse

Crunchy 18 PLN

Frozen yoghurt, mix nuts, granola, honey

Endorphins 18 PLN

Frozen yoghurt, Nutella, chocolate M&M's, chocolate sauce

Mango lassi 18 PLN

Frozen yoghurt, strawberries, mango mousse

Purple 18 PLN

Frozen yoghurt, blueberries, homemade blackcurrant coulis, white chocolate chip



Sinful strawberry

Starters

Chips 150g 8 PLN

Chips and cheese 150g 12 PLN

Sweet potatoes chips 150g 10 PLN

Onion rings 5 pcs 8 PLN / 10 pcs 15 PLN
with sweet chili sauce

Potato wedges 150g 9 PLN
chose your sauce: sour cream or sweet chili

Prawns in tempura 6 pcs 18 PLN

Soup of the day small 250ml / large 450ml - ask service

Classic nachos small 18 PLN / large 24 PLN
served with mexican salsa, guacamole, sour cream, cheese and jalapeno peppers



Nachos



Soup



Rowy, Summer 2018.

Tapas

Tortilla rolls with chorizo and Philadelphia 3 pcs. 11 PLN

Tortilla rolls with smoked salmon, fresh cucumber and Philadelphia 3 pcs. 14 PLN

Prawns with chorizo and guacamole 3 pcs. 16 PLN

Chicken tenders 3 pcs. 14 PLN
with 3 sauces: BBQ, sweet chilli and sour cream



Tortilla rolls with smoked salmon



Prawns with chorizo and guacamole


Sandwiches

Club sandwich 16 PLN
With lettuce, grilled chicken breast (120g), crispy bacon, tomato and mayo

Vege club sandwich 15 PLN 
With lettuce, tomato, avocado, camembert and mayo

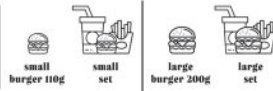
Cezar club sandwich 16 PLN
With roman salad, grilled chicken breast (120g), bacon, tomato, parmesan and caesar dressing

Baguette with chicken 22 PLN
With grilled chicken breast (140g), mayo, mexican salsa, cheddar, avocado and rocket salad

Beef sandwich 25 PLN 
Baquette with slow-roasted beef, rosette, horseradish sauce and pickle cucumber

Burgers

set is: burger + chips or green salad + soft drink to choose: citrus lemonade, pepsi, mineral water or filter coffee



Prostak 110/200g beef burger, lettuce, tomato, pickle cucumber, burger sauce	22	35	27	40
Sergio 110/200g beef burger, cheddar, lettuce, tomato, pickle cucumber, burger sauce	24	37	29	42
Boston 110/200g beef burger, cheddar, bacon, onion, lettuce, tomato, pickle cucumber, burger sauce	26	39	31	44
Burakoza † 110/200g beef burger, goat cheese, beetroot carpaccio, lamb's lettuce, tomato, pickle cucumber, sriracha mayo	28	41	33	46
Bajpas 110/200g beef burger, fried egg, bacon, cheddar, lettuce, tomato, pickle cucumber, burger sauce	28	41	33	46
Sumo 400g beef burger, cheddar cheese, lettuce, tomato, pickle cucumber, burger sauce			40	53
Missisipi † 110/200g beef burger, homemade bbq sauce, caramelized red onion, bacon, lettuce, tomato, pickle cucumber, sriracha mayo	28	41	33	46
Złodziej ‡ 110/200g beef burger, homemade chili and tomato jam, chorizo, jalapeno peppers, lettuce, tomato, pickle cucumber, burger sauce	28	41	33	46
H2O na 100 ¶ 110/200g beef burger, habanero sauce, bacon, caramelized red onion, lettuce, tomato, pickle cucumber, burger sauce	28	41	33	46
Kura bez pióra 110/200g grilled chicken breast, lettuce, tomato, pickle cucumber, burger sauce	22	35	27	40
Bunga bunga ¶ 110/200g grilled chicken breast, rocket, cherry tomatoes, mozzarella, basil sauce	28	41	33	46
Rookie ¶ 110/200g breaded chicken breast, iceberg lettuce, Tatar sauce, fresh cucumber	23	36	28	41
Vege burger ¶ Vegetable burger with minced, baked beetroot, lettuce, tomato, mayo, fresh cucumber			26	39



Extras

Cheddar cheese, 2 rashers of bacon, 2 slices of chorizo, fried egg, caramelized onion, pepper 2 PLN
½ avocado, guacamole 5 PLN

Sauces

Boletus, chanterelle, green pepper, mexican salsa, cranberry jam 5 PLN
BBQ, sweet chili, pesto, chili tomato jam, sriracha mayo, burger sauce 2 PLN

Meat

Beef burger 110g 13 PLN / 200g 18 PLN
Grilled chicken breast 110g 13 PLN / 200g 18 PLN
200g angus burger 22 PLN

Cheese

Goat cheese, mozzarella, camembert 4 PLN

Change

Change your burger bun for rice with vegetables for 2 PLN



Quesadillas

Pollo 27 PLN / 34 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas, grilled chicken breast 110/180g, cheese, red peppers, cherry tomatoes, spicy sour cream, coriander, rocket

Torro 32 PLN / 39 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas, beef 110/180g, black beans, cheese, mexican salsa, jalapeno peppers, spicy sour cream, coriander, rocket

Chorizo 27 PLN / 33 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas, chorizo, big mamma® sauce, cheese, iceberg, marinated green tomatoes, spicy sour cream, coriander, rocket

Verduras 26 PLN / 32 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas, grilled courgette, cheese, red pepper, sweetcorn, pepperoni, spicy sour cream, rocket

Camaron 35 PLN / 42 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas, 8/12 shrimps with fried onion, garlic, red pepper, cheese, fresh avocado, pepperoni, sour cream, coriander, rocket

Shredder 33 PLN / 40 PLN

Small 20 cm ø / Large 25 cm ø

Two tortillas with pulled beef 110/180g, cheese, mexican salsa, coriander, braised peppers and onions, jalapeno, spicy sour cream



Torro quesadilla



Milkshake Słupsk

ul. Szczecińska 17

Reservation: tel. 733 033 100

Milkshake Rowy

ul. Wydymowa 2

(opened in summer)



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warning!
spicy
dish



warning!
very
spicy



order
extra
drink!



danie
wege-
tariańskie



danie
bez
glutenu



newbie

Burritos

Price: burrito / set

Pollo burrito 26 PLN / 39 PLN

180g grilled chicken breast, guacamole, mexican salsa, sour cream, iceberg, guacamole

Chilli burrito 27 PLN / 40 PLN

Fried rice, chili con carne, iceberg, guacamole, sour cream, cheese

Vege burrito 22 PLN / 35 PLN

Vegetable rice, mexican salsa, iceberg lettuce, sweetcorn, cheese

Crevetta burrito 30 PLN / 43 PLN

5 breaded shrimps (16/20), iceberg lettuce, tartar sauce, avocado

Tornado 27 PLN / 40 PLN

Breaded chicken tenders (130g), iceberg lettuce, fresh cucumber, sweet chilli sauce



Pollo burrito

Fajitas

Fajita with steak 33 PLN small / 51 PLN large

grilled beef steak (110/220g), grilled tortilla, stewed onions with peppers, mexican fried rice, green salad mix, dijon mustard, mexican salsa, guacamole, chili con carne

Fajita with chicken 29 PLN small / 42 PLN large

grilled chicken breast (110/220g), grilled tortilla, stewed onions with peppers, mexican fried rice, green salad mix, dijon mustard, mexican salsa, guacamole, chili con carne

Fajita with prawns 32 PLN small / 46 PLN large

grilled tiger prawns (8/16), grilled tortilla, stewed onions with peppers, mexican fried rice, green salad mix, dijon mustard, mexican salsa, guacamole, chili con carne



Fajita with chicken

Chilli con carne

Chilli con carne z tortilla 27 PLN

served with mexican fried rice, cheese, guacamole, coriander, sour cream and nachos

Hot plate

Fillet steak 220g 69 PLN

Long-maturing Argentinean beef, garlic butter, mix Salad leafs, baked potatoes, grilled mushrooms, braised peppers and onions. Porcini sauce or green pepper sauce

Grilled chicken breast 160g 32 PLN / 240g 39 PLN

Served with baked potatoes or fried rice, blanched vegetables and green salad mix
Boletus / chanterelle / green pepper sauce + 5 PLN

BBQ chicken wings 13 PLN / 19 PLN

Chicken wings (6 or 10 pcs)

Combo for 2 46 PLN

Potato wedges, onion rings 10pcs, 4 breaded chicken tenders, clun sandwich, sauces: sweet chili, BBQ, sour cream with mayo

BBQ combo for 2 59 PLN

6 bbq chicken wings, chili con carne, onion rings (10 pcs), 4 breaded chicken strips, club sandwich, sauces: BBQ, sweet chili, sour cream with mayo

Tex Mex Pasta 35 PLN ①

Tagliatelle, 6 shrimps(31/40), chorizo (80g), chilli, tomatoe salsa, avocado, rocket, grated carrot, parmezan, coriander

Fisherman Pasta 39 PLN ①

Tagliatelle, 6 shrimps (31/40), 4 calamari rings, 50g of sirloin from Atlantic cod, 5 mule, garlic olive oil, chilli, lobster butter, cream sauce with parmezan, cherry tomatoes, parsley

Vege Pasta 24 PLN ①

Tagliatelle, zucchini, onion, pepper, celery, garlic, olive oil, truffle paste, basil paste, parmezan

Key Largo 35 PLN ①

120g of sirloin from Atlantic cod, 80g of chorizo, 6 shrimps (31/40), chilli, peanut butter and white wine sauce, cherry tomatoes, parsley, rye toast



Vege Pasta



Rowy, 15.06.2006.



Fillet steak

Salads

Caesar 27 PLN / 22 PLN ②

Roman salad, grilled chicken breast 120g, crispy bacon, croutons, cherry tomatoes, parmesan

Alabama 29 PLN

Salad mix, fried potatoes, cherry tomatoes, 10 shrimps, chorizo, cocktail sauce

Chica 27 PLN

Salad mix, grilled chicken breast 120g, chorizo, fried onion with red peppers and garlic, fresh avocado, dressing with olive oil, lime juice and agave syrup

Beetroot lover 25 PLN ②

Green salad mix with spinach, marinated mini beetroots, goats cheese, pecans with honey, olive oil with freshly squeezed orange juice



Beetroot lover